



Standing Up to Peer Pressure Empowerment Plan

Peer pressure is one of the toughest challenges kids face while growing up. It is also one of the top reasons why kids get into trouble. Unfortunately in the age of camera phones and the Internet, the mistakes kids make can haunt them for the rest of their lives.

To stand up to peer pressure, kids must first decide who they are and what they stand for. Second, they must choose what they want for themselves before they are in a tough situation. And finally, kids must learn how to say “no” to their peers and “yes” to themselves.

What We Cover

- ✓ The Power of Self-responsibility
- ✓ Integrity and Follow Through
- ✓ Respect
- ✓ Self-respect
- ✓ How to Make Good Decisions
- ✓ Standing up to Peer Pressure



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